

## ASC price list for TUL students valid from 19. 2. 2024

### REGULAR ACTIVITIES WITH THE INSTRUCTOR (Harcov dormitory building B, C): yoga, jumping, bodywork...+ FITNESS (main KTV building)



- One-time entrance fee = **70 CZK / 1 entry** for the activity;
- Permanent ticket for **ten entries = 650 CZK** (must be proved by an ISIC card). Entries can be freely combined with tennis. Valid only during the academic year 2023/2024.
- Summer semester permanent ticket (19. 2. – 14. 6. 2024) = **1 250 CZK** (unlimited number of entrances to the fitness and for regular activities with an instructor for the entire validity period).

### ACTIVITIES WITHOUT AN INSTRUCTOR:

- **Football (football field):** one-time entrance fee = **50 CZK / 1 entry** in maximum length of 2 hours (use of football field during times without the need for artificial lighting, rental of soccer goals and balls included in the price);
- **Volleyball, netball, basketball, futsal, badminton, floorball (main KTV building):** one-time entrance fee = **50 CZK / 1 entry** (rental of nets, balls, goals and mantinels);
- **Tennis (inflatable hall):**
  - one-time entrance fee = **70 CZK / 1 hour** (rental of nets, tennis rackets, balls).
  - Permanent ticket for **10 entries = 650 CZK** (must be proved by an ISIC card). Valid only during the academic year 2023/2024 (to be purchased at the reception of block "B" or at the reception of the sports halls in main KTV building). Can be combined with regular activities with an instructor and fitness.



### SAUNA:

- one-time entrance fee = **100 CZK / 1 entry** in maximum length of 2 hours.
- Bed sheet rental = **30 CZK / 1 piece**

### MASSAGE:

- Massage of the neck, abdomen or chest (15 min.) = **150 CZK**;
- Back or upper limb massage (30 min.) = **300 CZK**;
- Back + neck massage (30 or 45 min.) = **300 CZK/450 CZK**;
- Massage of lower limbs + buttocks (45 min.) = **450 CZK**;
- Full body massage: back, neck, upper and lower limbs, buttocks (60 or 90 min.) = **600 CZK/800 CZK**.

### TOURNAMENTS (volleyball, floorball, dodgeball...):

- **200 CZK / 1 person / tournament**;

### RENTAL OF SPORT FIELDS

- Football field (1. 1. - 31. 3. 2024 and 1. 10. 2024 – 31. 12. 2024/1. 4.-30. 9. 2024)
  - Half of the playground = **600 CZK/300 CZK/1 hour**
  - Entire playground = **1,200 CZK/600 CZK/1 hour**
- Upper sports hall TTV1
  - Entire hall = **600 CZK/1 hour**
  - 1 court for badminton = **200 CZK/1 hour**
- Lower sports hall
  - Entire hall = **900 CZK/1 hour**
  - 1/3 of hall = **300 CZK/1 hour**
- Exercise (aerobic) halls
  - Without tools and equipment = **300 CZK/1 hour**
  - Including tools and equipment = **350 CZK/1 hour**

